

# The Parents PACK program at CHOP helps parents take control of their family's health.



## **Before** vaccines, parents would:

- Keep their children out of swimming pools and send them to the country for the summer in an attempt to prevent polio
- Take their children to chickenpox parties, hoping for milder cases when they were younger

These choices were considered necessary because it was the only way to protect their children from harm.

**Today** parents can employ the power of vaccines to control their children's exposure to polio, chickenpox and almost a dozen other ravaging infections of childhood.

Parents PACK keeps you up to date on the latest vaccine information so you can choose health for your family.

[vaccine.chop.edu/parents](http://vaccine.chop.edu/parents)

# Parents **PACK** offers a variety of ways to stay up to date on vaccine information:

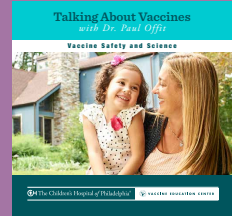
**Free monthly newsletter** offers the latest news.

What vaccine are parents and family members recommended to get prior to a baby's birth to protect the baby from whooping cough?

- A. Hib vaccine
- B. Tdap vaccine
- C. MMR vaccine
- D. Hep A vaccine

**Play our Vaccine Trivia Game.**

**Short videos** answer parents' most common questions about vaccines.



Get vaccine information anytime, anywhere with the **free mobile app.**



Visit us.



**Find out more: [vaccine.chop.edu/parents](http://vaccine.chop.edu/parents)**