

# SINGULAIR®



**Other Name:** Montelukast

**Type of Medicine:** Anti-inflammatory  
Control medicine for everyday use

**Why you need it:** To decrease swelling and mucus in the airways

**How it is given:** Pills

**Side effects:** Headache, Dizziness, Nausea  
Stomach pain, Diarrhea, Fatigue/weakness  
Sore throat/cough

## Tips for Taking

1. **NOT** for use in an acute asthma attack.
2. Unless told otherwise, give *Singulair* in the evening.
3. May be given with food or milk to prevent stomach upset.
4. Store in a cool dry place.
5. If any of the above side effects become severe call the doctor immediately.

**Please discuss any questions about this medication  
with your doctor or nurse**

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